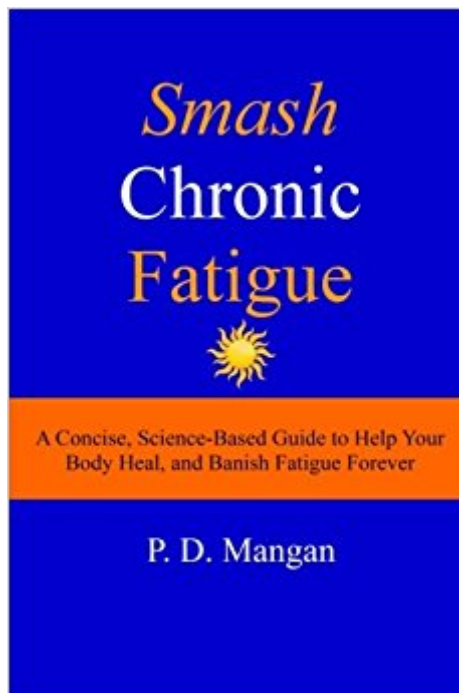


The book was found

Smash Chronic Fatigue: A Concise, Science-Based Guide To Help Your Body Heal, And Banish Fatigue Forever



Synopsis

Do you have chronic fatigue? Have you been told that your condition has no known cause, and no cure? Smash Chronic Fatigue will show that chronic fatigue has definite causes, and therefore concrete steps can be taken to treat these causes. Using basic lifestyle changes, diet, and inexpensive supplements, chronic fatigue can be greatly ameliorated and, in many cases, altogether cured. The author did it himself, and using his techniques and extensive research, you can too. The causes of chronic fatigue as well as every step to be taken are backed by peer-reviewed science, and thoroughly explained to the reader.

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